

# **DESCRIPTION OF THE TRAININGS**

Some of the things you will be able to do by the end of training...



Jacobson Training Method ®



### **MANAGEMENT**

#### 1.1 Management skills

Some of the things you will be able to do by the end of training:

- ✓ Put in place structures and efficient, motivational work practices
- ✓ Mobilize and coach your employees and team towards company success
- ✓ Build an effective team
- ✓ Know which tasks to delegate and supervise
- ✓ Exercise leadership and manage priorities

# 1.2 Problem analysis and decision making

Some of the things you will be able to do by the end of training:

- ✓ Precisely define a problem
- ✓ Acquire an approach for analysing a problem
- ✓ Differentiate symptoms from problems
- ✓ Use techniques that enable you to solve the problem
- ✓ Be familiar with decision-making processes

### 1.3 Assertiveness

Some of the things you will be able to do by the end of training:

- ✓ Know how to say "No" without causing needless offence
- ✓ React assertively
- ✓ Assert your rights
- ✓ Avoid being manipulated
- ✓ Break a deadlock

# 1.4 Setting objectives

- ✓ Define the four basic concepts and the importance of objectives
- ✓ Clarify the main types of objectives and the necessity to express them in writing
- ✓ Develop management by objectives relative to the efficiency of the organization.
- ✓ Recognize the importance of profitability and how it relates to other objectives



#### 1.5 Performance and evaluation interview

Some of the things you will be able to do by the end of training:

- ✓ Analyse and evaluate how suitable a candidate is for a job
- ✓ Research the methods useful for carrying out a job efficiently
- ✓ Improve relations between superiors / subordinates
- ✓ Analyse working conditions and seek to improve them
- ✓ Take resistance behaviour into account

### 1.6 Drawing up training plans

Some of the things you will be able to do by the end of training:

- ✓ Analyse your company's requirements
- ✓ Clarify training needs
- √ Identify training projects
- ✓ Organize training
- ✓ Draw up a training plan for your company

# 1.7 Training evaluation

Some of the things you will be able to do by the end of training:

- ✓ Use the eight processes enabling you to evaluate training.
- ✓ Select the tools best suited to a teaching situation
- ✓ Appraise teaching tools and techniques
- ✓ Measure the effectiveness of training
- ✓ Assess the price / quality relation

#### 1.8 Train the trainer

- ✓ Set up and coordinate groups
- ✓ Use the trainer's guide
- ✓ Design a training course, its structure and its contents
- ✓ Convey your message in an interactive way
- ✓ Manage group behaviour



# 1.9 Project Management

Some of the things you will be able to do by the end of training:

- ✓ Introduce project management into an organization
- ✓ Exercise leadership within a matrix organization
- ✓ Know how to use the tools to prepare, manage or sort out a project
- ✓ Guide projects and tasks proactively
- ✓ Manage a project team

# 1.10 Stress Management

Some of the things you will be able to do by the end of training:

- ✓ Know the sources of job stress
- ✓ Make a personal assessment: your sources, symptoms and level of stress
- √ Identify your alarm signals
- ✓ Develop new stress management strategies

### 1.11 Leadership

Some of the things you will be able to do by the end of training:

- ✓ Establish the main lines of leadership
- ✓ Recognize different styles of leadership
- ✓ Choose the most effective style
- ✓ Build a team
- ✓ Act as a leader / coach

### 1.12 Learning organization

Some of the things you will be able to do by the end of training:

- ✓ Translate knowledge into skills
- ✓ Know the characteristics of the learning organization
- ✓ Prioritise learning within the company
- ✓ Integrate the principles

### 1.13 Human Relations Management

- ✓ Better assess your own behaviour in order to exert greater influence over your staff
- ✓ Improve your relationship with your staff
- ✓ Motivate and unite your team so that it achieves the company's objectives
- ✓ Know which tasks to delegate
- ✓ Apply methods to control without offending your staff



# 1.14 Motivation skills

Some of the things you will be able to do by the end of training:

- ✓ Develop motivational skills
- ✓ Mobilize your employees through communication
- ✓ Reach set objectives
- ✓ Obtain better results
- ✓ Be a leader

### 1.15 Team Building

Some of the things you will be able to do by the end of training:

- ✓ Improve and reinforce team spirit
- ✓ Improve interpersonal communication
- ✓ Deal with tense situations and conflicts
- ✓ Aim for the commitment of team members as a motivational force
- ✓ Establish the objectives of the team and the responsibilities of its members

# 1.16 Time Management

Some of the things you will be able to do by the end of training:

- ✓ Acquire effective planning tools
- ✓ Optimise organization
- ✓ Establish and organize your priorities
- ✓ Analyse causes of time wasting
- ✓ Develop your own time management plan

### 1.17 Dealing with conflict situations

- ✓ Manage and defuse conflict situations
- ✓ Know the appropriate attitudes for managing a tense atmosphere
- ✓ Be aware of relaxation and time-switching mechanisms
- ✓ Know your territory
- ✓ Be conscious of your own personal authority
- ✓ Be in harmony with yourself and others



### 1.18 Coaching

Some of the things you will be able to do by the end of training:

- ✓ Know the options of a good coach
- ✓ Develop team spirit
- ✓ Overcome obstacles
- ✓ Train yourself to ask the right questions
- ✓ Control your team and the human dimension

# 1.19 Change Management

Some of the things you will be able to do by the end of training:

- ✓ Introduce change into an organization
- ✓ Have the necessary tools
- ✓ Utilize the change process
- ✓ Change states of mind: the company's vision and mission
- ✓ Adapt key functions and structures to the change

# 1.20 Emotional Intelligence

Some of the things you will be able to do by the end of training:

- ✓ Build optimal interpersonal relations
- √ Improve the personal strong assets
- ✓ Provide new ways of wellbeing in your life, daily working experiences, sales capacities and service management
- Channel the energy and goodwill in and through the company in view of performance improvement
- ✓ Integrate the basic principles of the optimal use of your emotions in business and personal life

# 1.21 Knowledge Management

- ✓ Capitalize your staff's know-how
- ✓ Transmit the accumulated experience of the staff
- ✓ Use computer resources as a means of communication
- ✓ Manage company knowledge to create value for both internal and external clients.
- ✓ Know what to file and how use knowledge
- ✓ Use tacit and implicit knowledge



# 1.22 Financial management for non-financial staff

Some of the things you will be able to do by the end of training:

- ✓ Read and analyse financial accounts
- ✓ Estimate and interpret costs and ratios
- ✓ Manage financial matters without help
- ✓ Conduct a meaningful dialogue with financial specialists
- ✓ Integrate financial aspects into the running of a department

### 1.24 E-mail Management

Some of the things you will be able to do by the end of training:

- ✓ Use electronic mail correctly and economically
- ✓ Avoid excessive use of e-mail
- ✓ Know the advantages of e-mail
- ✓ Be familiar with the 5 rules of e-mail

# 1.25 Self Management

Some of the things you will be able to do by the end of training:

- ✓ Understand your behaviour
- ✓ Be proactive in your professional, interpersonal and relationship choices
- ✓ Acquire the tools for optimising your energy, potential and performance
- ✓ Develop your ability to adapt while remaining independent
- ✓ Discover your optimal stress level

# COMMUNICATION

### 2.1. Receiving visitors

- ✓ Know the techniques and skills required to receive visitors properly
- ✓ Personalize your reception
- ✓ Be a real visiting card for your company
- ✓ Perfect and acquire new techniques
- ✓ Have excellent social skills



#### 2.2 Visual aids

Some of the things you will be able to do by the end of training:

- ✓ Create effective visual media
- ✓ Use visual aids during a presentation
- ✓ Think "visually"
- ✓ Put these techniques into practice
- ✓ Choose the most appropriate type of medium

### 2.3 Administrative assistant

Some of the things you will be able to do by the end of training:

- ✓ Conduct efficient Manager/Secretary relations
- ✓ Practice assertive behaviour
- ✓ Manage your time and organization
- ✓ Prepare meetings, presentations, your Manager's mail
- ✓ Manage contacts with internal and external clients

#### 2.4 Crisis Communication and media relations

Some of the things you will be able to do by the end of training:

- ✓ Be efficient in interviews with journalists from both the written and broadcasting press
- ✓ Be familiar with the language of the media, their expectations and constraints
- ✓ Project a good image of yourself and your company even in a situation of weakness
- ✓ Conduct a debate and know how to deal with conflicts

#### 2.5 Written Communication

Some of the things you will be able to do by the end of training:

- Improve both internal and external written communication
- ✓ Ensure improved dissemination of information
- ✓ Draw up effective messages
- ✓ Identify the respective constraints of the writer and the reader
- ✓ Structure your documents

# 2.7 Inter-personal Communication

- ✓ Use verbal and non-verbal communication
- ✓ Know the basic rules of communication.
- ✓ Carry out bilateral communication
- ✓ Be convincing and persuasive
- ✓ Know the techniques and difficulties of attentive listening



# 2.8 Effective telephone communication

Some of the things you will be able to do by the end of training:

- ✓ Actively use telephone communication techniques
- ✓ Build a dynamic image of the company
- ✓ Think and act in a customer-oriented manner
- ✓ Improve service quality and relations with customers
- ✓ Manage your stress on the telephone

# 2.9 Conducting meetings

Some of the things you will be able to do by the end of training:

- ✓ Conduct meetings efficiently
- ✓ Transmit instructions and information
- ✓ Gather information and opinions
- Exchange information, ideas and suggestions on how to solve a problem
- ✓ Chart actions to be taken

# 2.10 Self-confidence, self-affirmation

Some of the things you will be able to do by the end of training:

- ✓ Know yourself better to value yourself more
- ✓ Believe in your ability to act effectively
- ✓ Make decisions and persevere in your choices
- Defend your points of view and interests to others
- ✓ Accept and manage failure

### 2.11 Debate

- ✓ Prepare a debate
- ✓ Answer awkward questions
- ✓ Answer a question to which you have no answer
- ✓ Acquire rebuttal and debate techniques



# 2.12 Efficiency enhancement through transactional analysis

Some of the things you will be able to do by the end of training:

- ✓ Choose productive personal and professional behaviour
- ✓ Prevent the filtering of your perceptions
- ✓ Identify hidden transactions and how to react to them
- ✓ Ask adult questions and manage transactions in a positive manner
- ✓ Daily professional behaviour and psychological strokes
- ✓ Put an end to game playing in your organization

### 2.13 Appearing on television

Some of the things you will be able to do by the end of training:

- ✓ Communicate effectively with the media
- ✓ Effective performance during interviews
- ✓ Structure your thoughts
- ✓ Construct an effective line of argument
- ✓ Avoid falling into traps

### 2.14 Speaking convincingly (Presentation Skills)

Some of the things you will be able to do by the end of training:

- ✓ Perform effectively in public speaking situations
- ✓ Construct an effective line of argument
- ✓ Take into account the 10 criteria of communication
- ✓ Master improvisation techniques
- ✓ Be persuasive and argue convincingly
- ✓ Make efficient use of audio-visual means and resources

# 2.15 Neuro-linguistic programming (NLP)

- ✓ Discover the motivation of speaking partners
- ✓ Get rid of obstructive convictions
- ✓ Be at ease in all situations and keep full control over your faculties.
- Discover how speaking partners think and what their strategies are
- ✓ Have specific tools that lead to concrete, effective results



### 2.17 Recruiting techniques

Some of the things you will be able to do by the end of training:

- ✓ Define a recruiting strategy
- ✓ Draw up a job description and applicant profile
- ✓ Draw up a job advertisement
- ✓ Master interviewing techniques
- ✓ Search for a candidate through other means

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### 2.18 Interview techniques

Some of the things you will be able to do by the end of training:

- ✓ Be effective in interview situations
- ✓ Seek the best possible information
- ✓ Obtain opinions on or interpretations of certain facts
- ✓ Structure an interview
- ✓ Analyse and evaluate the content

# **SALES STRATEGIES**

# 3.1. Active customer management

Some of the things you will be able to do by the end of training:

- ✓ Think and act with customer-oriented attitude
- ✓ Learn the codes of professionalism
- ✓ Increase service quality and customer relations
- ✓ Overcome difficult situations and tensions
- ✓ Seize opportunities with the customer

# 3.2 Sales team management

- ✓ Improve and boost team spirit
- ✓ Deal with conflict and tense situations
- ✓ Motivate your staff
- ✓ Be a coach for your team
- ✓ Control your team and the human dimension



### 3.3 Improving selling skills through transactional analysis

Some of the things you will be able to do by the end of training:

- ✓ Master selling techniques through transactional analysis
- ✓ Overcome psychological obstacles encountered in selling
- ✓ Know yourself better in order to change for the better
- ✓ Know the buyer better
- ✓ Adapt to selling situations

# 3.4 Marketing action plans

Some of the things you will be able to do by the end of training:

- ✓ Know the marketing approach for optimal exploitation of the market
- ✓ Develop a new sales strategy and a new clientele
- ✓ Modify the behaviour of account managers
- ✓ Rethink daily activities to make them more efficient
- ✓ Encourage personal commitment to objectives

### 3.6 Selling techniques

Some of the things you will be able to do by the end of training:

- ✓ Know your own selling style and be prepared.
- ✓ Use progressive techniques which lead to closing a sale
- ✓ Know how to answer objections
- ✓ Increase your self-confidence in selling situations
- ✓ Develop a new effective approach both in quality and quantity

# 3.7 High-level negotiating techniques

Some of the things you will be able to do by the end of training:

- ✓ Prepare for negotiations
- ✓ Select and master negotiating strategies and tactics
- ✓ Set out your argument skillfully
- ✓ Exercise an influence on others and know the mechanisms of influence
- ✓ Prevent manipulative tactics and games, and avoid traps

# 3.8 Negotiating techniques geared to buyers

- ✓ Be aware of your negotiating style as a buyer
- ✓ Identify the kind of person you're facing
- ✓ Prepare to negotiate
- ✓ Use strategies
- ✓ Know the 13 techniques for bringing prices down



# 3.9 International negotiating techniques

Some of the things you will be able to do by the end of training:

- ✓ Know how to negotiate with people of different nationality and from different cultures
- ✓ Be familiar with the negotiating techniques in different countries.
- ✓ Use strategies
- ✓ Exercise an influence on others and know the mechanisms of influence
- ✓ Prevent manipulative tactics and games
- ✓ Develop a new approach

### 3.10 Trade-union negotiating techniques

Some of the things you will be able to do by the end of training:

- √ Identify the kind of person you are facing
- ✓ Know the techniques used by trade unionists
- ✓ Be aware of the strategies and tactics adopted, and thwart them
- ✓ Exercise an influence on others and know the mechanisms of influence
- ✓ Prevent manipulative tactics and games
- ✓ Know both management and workforce

### 3.11 Telemarketing

Some of the things you will be able to do by the end of training:

- ✓ Use new techniques for communicating over the telephone
- ✓ Prepare for telephone calls and follow them up
- ✓ Quickly identify the profile and potential of a customer
- ✓ Sell efficiently over the telephone
- ✓ Answer objections forcefully

# 3.12 Account Management

- ✓ Manage and segment your customer's portfolio
- ✓ Classify speaking partners and adapt to them
- ✓ Analyse the needs of customers and provide advise
- ✓ Know and influence decision-making criteria
- ✓ Adapt your strategy according to the competition



# 3.13 Closing

- √ 9 closing techniques
- ✓ Be effective in sales situations
- ✓ Take note of your personal sale style
- ✓ Identify the person opposite to you
- ✓ Preparing sales
- ✓ Discover the potential of the customer
- ✓ Argue in an efficient way
- ✓ How to answer the objections
- ✓ Use the strategies and the technique of second degree
- ✓ Knowing how to act on others and to convince
- ✓ Develop a powerful new approach as well qualitative as quantitative

